

# English Rose Day School – Sleeping & Napping Agreement

## School Year 2022-2023

Sleeping and napping arrangements must be made in writing between the parent and childcare provider. The provider shall maintain this completed agreement on file in the center. This arrangement is required by New York State Office of Children & Family Services: Child Daycare Regulations: 418-1.7 (o) & 418-1.8 (a).

Parent/Guardian Name \_\_\_\_\_, understand that my child \_\_\_\_\_, while under the care of English Rose Day School, will be napping on a (cot/crib/mat) in the \_\_\_\_\_ classroom. I understand that while my child is napping, there will be competent supervision at all times via direct supervision of a caregiver who is in the same room and has direct visual contact with my child.

If my child is an infant, I also understand that my child will be placed on his/her back to sleep in a crib. I must provide a medical note from my child's healthcare provider if another sleeping arrangement must be made due to a health condition my child may have.

I also understand that English Rose will provide the sheet for my child's cot/crib/mat. These will be laundered at English Rose on a weekly basis, or more often if necessary. Parents need to provide any type of blanket, cover, and comfort toy you wish your child to use during rest time. Infants are not permitted to have large, fluffy blankets, or large soft toys of any kind. Ideally a sleep suit, or light weight, size appropriate blanket is required. These items will be sent home weekly to be laundered, or more often if necessary. All of your child's sleeping items will be stored separately for health and safety reasons.

If a child is unable to sleep during the classroom's scheduled nap time, my child will be provided with a quiet activity. Infants will be napping on their own required schedules.

Electronic devices will never be implemented during this time, as per NYSOCFS Child Daycare Regulation: 418-1.7(h)(3).

Parent/Guardian Name (print) : \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### Signature of Director of English Rose Day School

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_